



## December 2022 Newsletter

### PROBUS CLUB OF WHITE ROCK & SOUTH SURREY Christmas Luncheon Wednesday December 14, 2022

#### Speakers

Dec. Christmas Luncheon at Hazelmere Golf Course

Jan. Joslyn Young Port of Vancouver

Feb.

Gang crime in Vancouver presented by Dr. Kieron McConnell

March.

Memory improvement for Seniors by Graham Best

#### Remembrance Day Pictures





## Christmas Luncheon Pictures

























## Connections

Bill Jones is handling the leadership of the Connections committee.

## Activities

### Appies Social Group

The White Rock/South Surrey Probus club has initiated a monthly co-ed "Appies Social Group". Both couples and singles are welcome to participate. Both couples and singles are welcome to participate.

**Time:** Jan. 27/2023 6 p.m. to 9 p.m.

**Place:** To be announced



**Where: Food:** You must bring one shareable appetizer, enough for 10 or 12 people. Bring your own plates and cutlery.

**Drinks:** BYOB including glasses.

**Rules:** 1) Take your leftover food and drinks home. 2) Meet people. 3) Have fun! Anyone wishing to take part should reply to Bob Pedersen at [bob\\_pedersen@shaw.ca](mailto:bob_pedersen@shaw.ca) or by phone at 604-535-0272. Please also advise if you are willing to host an event and, if so, how many people you can accommodate.

**Where:** Members' homes, gardens, patios, back yards, common rooms, etc.

**Suggested sizes of groups:** 10, 12, and/or 20, depending on the size of the venue and the total number of guests attending.

**Hosts:** Hosting is optional, but encouraged. Hosts will be given ample notice of who their guests will be.

**Signing up:** There will be a sign-up sheet for the upcoming event at each monthly Probus meeting. You will be notified by phone four or five days before the event as to whose home you will be attending.

**Rules:** 1) No "trading" of houses is allowed. 2) Take your leftover food and drinks home with you. 3) Meet people. 4) Have fun!

Please advise which month you are willing to host, and also an alternate month.

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### **Bridge Group**

Dick Baker, Coordinator 604-536-4734

Al Zemrau, Assistant Coordinator

Calling all bridge players.

The Bridge group is starting up with a new option. See below for details on how to participate.

### **BRIDGE – TUESDAY EVENINGS – Coordinator Dick Baker**

DICK BAKER wishes to inform all interested Tuesday Evening bridge players the games have resumed at the Peninsula.

Dick advises the following rules will be in place:

Games start at 6:30pm

Masks are mandatory

Sign in procedures at the front door are in effect

As a guest of Peninsula, you will be joined in the game by 8-10 Peninsula residents



Beverages and snacks will be available following the game Contact Dick directly at **(604) 536-4734** if you are planning to attend.

**BRIDGE – MONDAY AFTERNOONS – Coordinators Al Zemrau and Henry Lazar**

We are initiating a Monday Afternoon Bridge game every Monday..

Bridge players must pre-register their firm commitment to play on a certain day by emailing either Al or Henry.

The following rules will be in place:

Maximum 2 tables will be available (ie: 8 players)

Players must pre-register their firm commitment to play

Entry fee of \$2

Location of game will be announced to registered players prior to game day

Masks optional

Thanks,

Al Zemrau [azemrau@shaw.ca](mailto:azemrau@shaw.ca)

Henry Lazar [44orca@gmail.com](mailto:44orca@gmail.com)

**Walking Groups**

**Probus Walking Group**

Our Probus Walking Group welcomes all levels of walking ability.

You can expect a variety of enjoyable walks once a week. Walks start at 10:00 am and typically last 45 to 75 minutes. Walks incorporate great comradery and always end with coffee.

Monthly walking schedules are issued to registered members of the “Probus Walking Group”.

Please email Al Zemrau, Coordinator to have your name added to the distribution list.



PROBUS - Walking Group - Outings 2022				
All walks start at <b>10:00 am</b> sharp, rain, SNOW, or shine.				
Contact: Al Zemrau if you have questions.				
Walk #	Day	Date	Description	Meeting Location
277	Sunday	4-Dec	Crescent Beach	Beecher Place Washrooms
278	Sunday	11-Dec	Sunnyside Forest	SS Ice Rink Parking lot by tennis courts
279	Sunday	18-Dec	<b>CO-ED</b> - WR Promenade (Note: A casual year-end lunch to follow the walk.)	East Beach - At the 'Bear' Sculpture
280	Sunday	25-Dec	Christmas - no walk scheduled	
281	Sunday	1-Jan	New Years Day - no walk scheduled	
282	Sunday	8-Jan	Crescent Beach	Beecher Place Washrooms

## Wanderers Walking Group (WWG)

This Walking Group is designed to accommodate the “fitter” walker - those individuals who can walk 10+ km, navigate the occasional hill, and elevations up to 500 feet. More challenging walks, selected by the group, take us throughout the lower Mainland.

Routes, dates, and times vary.

Currently collecting expressions of interest in walking Buntzen Lake – 10+ kms complete with small rolling hills.

Contact Al Zemrau, Coordinator directly to have your name added to the distribution list.

Cheers  ,

Al Zemrau, Coordinator  
Probus Walking Group



### **Mixed Walking Group**

No walks scheduled until January.

All walks begin will be at 10:00 am. .

Cheers Ted

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### **Investment Group**

Our Probus Investment Discussion Group meets monthly to discuss stock, bond, and real estate investments. This group will be of particular interest to those who manage their own investments. Sharing our collective knowledge with each other is the cornerstone of the IDG.

Current macroeconomic conditions are discussed and Hypothetical RIF and TFSA portfolios reviewed and analyzed. Group discussion leaders include: Gerry Burns, Damon Bowman, and Ken Maycock.

The IDG meets the third Tuesday of every month at 10:00 am at the Crescent Housing Society. Coffee and donuts make the conversations easy and friendly.

Contact Al Zemrau, Coordinator for more information.

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### **Book Club Group**

The Book Club meets bi-weekly on Tuesdays at 10:00am in the homes of the members. Both non-fiction and novels covering a wide range of subjects are discussed interspersed with general topics of interest to the members.

To join us contact Harry White or Bill Jones. [bjones17@shaw.ca](mailto:bjones17@shaw.ca) 604-328-5360

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### **Wednesday Morning Coffee Hour:**

Wednesday Morning Coffee Hour – The Roadhouse

Coffee hour has moved to the private room at the Roadhouse House. 1781 King George Blvd. Call to get set up. 604-531-3167

Bill Jones

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### **Monday Evening Coffee Chat:**

We decided future meetings will consist of one member giving a sketch of their personal history; early beginnings, work history, family etc. Half the hour will be devoted to personal histories and the other half; who knows? We start at seven and finish around eight. Everyone's Welcome. If you can't find your invitation please contact Bill Carlson. [wacinbc@gmail.com](mailto:wacinbc@gmail.com)

Time: Every week on Mon, Bill Carlson sends the Zoom invite out each Sunday

Join Zoom Meeting

<https://us02web.zoom.us/j/81189822438?pwd=QVJEWjVsdXRSZ2F0ekRzU2x1LzRxdz09>

Meeting ID: 811 8982 2438

Passcode: 134435

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### **Golf Group**

See you next year.

The Probus Club Golf Group is a group of members who have identified a desire to take part in some golf activity with other members during the summer months, or at least be made aware of the current and ongoing golfing activities, even though they may not actively participate on a regular basis. Being part of the Golf Group does not require any member to participate in any of the events. No costs are involved in being part of the Golf Group. Costs are incurred only when members participate in a specific event, i.e. green fees, cart fees, etc.

The normal golf day is the 4th Thursday of each month [identified on the Club Activities Calendar], with group members being advised of each event approx. 2-3 weeks in advance by the coordinator, with follow-up calls for involvement up to a



few days before the event. The 'go-to' location has become Nico Wynd Golf Course in recent years, however for 2022 that has been altered somewhat due to major on-site re-construction of the clubhouse which has hampered the usual social gatherings following golf; as a result we have begun attending at other local course which offer 9 hole bookings.

Any Probus Club member wishing to take part in the Golf Group activities or at least being placed on the mailing list, should contact the coordinator, Frank Palmer [604-535-8300], email [frank@fgpalmer.com](mailto:frank@fgpalmer.com). at any time.

In addition to the regular 9 hole golf activities, a new venture has been undertaken in the form of playing in local Par 3 courses with in addition to or in lieu of participation in the regular 9 hole events. This activity is currently being organized by Rob Leeson, with at least one event already concluded. Those with an interest should contact Rob Leeson, whose contact information may be found in the Probus Club Directory.

Anyone wishing to become part of this activity should contact the coordinator, Frank Palmer, at [frank@fgpalmer.com](mailto:frank@fgpalmer.com)

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## **Pub Night**

Back in Jan.

## **Smile and Chuckles**

**SO IT TURNS OUT THAT  
BEING AN ADULT IS  
MOSTLY  
JUST GOOGLING  
HOW TO DO STUFF.**



**THE IDEA HAD TO  
COME FROM SOMEWHERE**



**“Vaping”  
back in  
my day.**



580-621-0000

**YOU'LL HIT EVERY CONE  
ON THE HIGHWAY BEFORE  
I LET YOU MERGE IN FRONT  
OF ME BECAUSE YOU  
SAW THAT SIGN 2 MILES  
AGO LIKE I DID 😂**

**I really don't  
mind getting  
older, but my  
body is taking  
it badly.**



## Sex after surgery

A recent article in the Daily Post reported that a man, Dave Harper, has sued St Paul's Hospital, saying that after his wife had surgery there, she lost all interest in sex.

A hospital spokesman replied:

"Mrs Harper was admitted for cataract surgery. All we did was correct her eyesight."

IF MY KIDS KNEW  
THERE WAS A  
LIGHT IN THE  
OVEN, THEY'D  
LEAVE THAT ONE  
ON TOO.

I wanna be  
14 again and  
ruin my life  
differently.  
I have new  
ideas.



**Confuse your doctor  
by putting on  
rubber gloves at the  
same time he does.**

The three hardest  
things to say are:

1. I was wrong
2. I need help
3. Worcestershire  
Sauce

If you see me talking  
to myself,

I'm having  
a staff meeting.

**As I watch this  
generation try to  
rewrite history,  
one thing I'm  
sure of.... it will  
be misspelled  
and have no  
punctuation.**



**I could swear he is doing it wrong,  
but since I dont own a boat, Im  
going to keep my opinion to myself!**



**I'm on two diets now...**

**I wasn't getting nearly  
enough food on just one**

**Me: (sobbing my heart out, eyes swollen, nose red)...I can't see you anymore... I am not going to let you hurt me like this again!**

**Trainer: It was a sit up. You did one sit up.**

I miss the 90s  
when bread was  
still good for you,  
and no one knew  
what kale was.

**I ASKED MY GRANDPA, "AFTER  
65 YEARS, YOU STILL CALL  
GRANDMA DARLING, BEAUTIFUL,  
AND HONEY. WHAT'S THE  
SECRET?" HE SAID, "I FORGOT  
HER NAME 5 YEARS AGO AND  
I'M SCARED TO ASK HER."**



**IT'S TRUE THAT  
DOGS ARE LOYAL**



**BUT WE CATS DON'T TELL THE POLICE  
WHERE YOU HIDE YOUR DRUGS**



**I don't always  
go the extra  
mile, but when  
I do it's because  
I missed my  
exit.**

sun-gazing.com  
INFINITY

**I THOUGHT  
GETTING OLD  
WOULD  
TAKE LONGER**

**I asked my wife if  
I was the only one  
she'd been with.**

**She said yes, all  
the others had been  
nines and tens...**

climate change hits New York



**For those who don't want Alexa listening in on your conversations, they're making a male version.....it doesn't listen to anything.**

[GOOGLIVINGGUIDE.COM](http://GOOGLIVINGGUIDE.COM)

**DO YOU EVER GET UP  
IN THE MORNING,**



**LOOK AT YOURSELF IN  
THE MIRROR AND  
THINK... "THAT CAN'T  
BE ACCURATE."**



## Twelve Commandments for Seniors

#1 Talk to yourself. There are times you need expert advice.

#2 "In Style" are the clothes that still fit.

#3 You don't need anger management. You need people to stop pissing you off.

#4 Your people skills are just fine. It's your tolerance for idiots that needs work.

#5 The biggest lie you tell yourself is "I don't need to write that down. I'll remember it.".

#6 "On time" is when I get there.

#7 Even duct tape can't fix stupid but it sure

does muffle the sound.

#8 It would be wonderful if we could put ourselves in the dryer for 10 minutes, then come out wrinkle free and 3 sizes smaller.

#9 Lately, you've noticed people your age are so much older than you.

#10 Growing old should have taken longer.

#11 Aging has slowed you down but hasn't shut you up.

And one more:

#12 One more for the road means peeing before you leave the house.

MERRY  
CHRISTMAS  
TO ALL OF THE  
PROBUS MEMBERS  
AND HAVE A  
HAPPY  
HOLIDAY



