



April 2021 Newsletter

PROBUS CLUB OF WHITE ROCK & SOUTH SURREY General Meeting Wednesday April 14, 2021

Zoom Meeting No 12



Our April speaker was Mark Bulgutch co-author with Peter Mansbridge of a new book titled “Extraordinary Canadians” He is an outstanding CBC producer who has been responsible for major broadcasts for many years including eight Olympics and major events. To view the presentation see the Recordings page on our website. Login required.



Our speaker in May is retired RCMP Staff/Sgt/Major John Buis who spent 45 years on the Force. John was badly injured when shot in the leg during a routine stop of a car on Kingsway in Burnaby in 1979. John still suffers from the physical and mental ramifications of being shot and used as a barricade by the gunman. John has endured numerous surgeries on his leg and says he has had lasting psychological trauma. John also served with UN peacekeeping mission in the former Yugoslavia but had to evacuate on short notice because of death threats. John tells his remarkable story of stress and trauma and the wonderful treatment he has received.



Our June speaker is Nadine Sands an author of 2 books - Hold On, Let Go: Facing ALS With Courage and Hope & High & Wide: When Grief and Love Collide. Nadine's husband died of ALS. A man who read her book had also lost his partner, his wife. He was so moved by Nadine's book that they met and eventually married.

Management Committee and Activities

Management Committee

Walking Group

I'm sure you have heard and read, new Covid Variants are moving exponentially throughout our community.

As a result and based on discussions with members of the Group, we are **postponing all scheduled April Probus Group Walks until May.**

At that time we will reassess once again and publish a new schedule of group's walks.

Many of us have now had our initial vaccines, and will be 70-80% protected from serious illness. However, as I understand it, while vaccinated individuals have a good measure of protection this does not mean you can't transmit the Covid viruses. Members of the walking group (the young guys, and the Co-ed wives in the group) are still waiting for vaccines. Therefore, we have made the decision to exercise extreme caution over the next 3 weeks by postponing Group Walks until May ... for the health and safety of all.

The walking group has had successful walks and will continue in the spring. Cheers

– Stay Safe – Walk Solo, 🚶

Al Zemrau

Probus Walking Group Coordinator

Contact Al Zemrau at azemrau@shaw.ca to be added to the Group Distribution list. Please note that due to provincial health regulations all activities in this group maybe suspended for a period.

Investment Group

The Investment Discussion Group meets on the 3rd Tuesday of each month. The next meeting is scheduled for Feb 16th at 10:00am.

During COVID we meet via Zoom. If you wish to participate please contact me so I can have your name added to list. Once on the list you will be sent a link for each meeting & notices for any other notifications.

At this time we have evolved into having some company stock suggested by members. We are then asked to research each & come to the meeting with a recommendation as to whether we would want it in our portfolio. When this is finished we open the meeting to general discussion by those attending.

It has been suggested that, in future, we come to the meeting with a Buy, Hold, or Sell recommendation for the stocks we discuss."

The group is running again so please contact Chuck Haller at hall9033@telus.net if you want to receive an invite to the virtual meeting.

Book Club Group

6 of us meet every second Tuesday. Once a month we discuss a book and once a month each of us pick the topic for discussion. Here is our schedule until the end of July. Everyone Welcome. Contact Bill Jones at bjones17@shaw.ca for Zoom Invitation.

March 30 Book Discussion – The Spy Who Came in From the Cold by Le Carre (Harry)

April 13 General Discussion – Dave

April 27 Book Discussion – The Body: A Guide for Occupants by Bill Bryson (Brian)

May 11 General Discussion – Bill

May 25 Book Discussion – Caste by Isabel Wilkinson (Dave)

June 08 General Discussion – Henry

June 22 Book Discussion – Humankind by Rutger Bregman (Bill)
July 06 General Discussion – Brian
July 20 Book Discussion – Black Swan– Henry by Nassim Nicholas Taleb, 2007
(Henry)

Wednesday Morning Zoom Coffee Hour

Approximately 30 of us have dropped in for a visit. We say good morning and break up into small groups of three for 15 minutes. Back to the large group for a few minutes and new groups are formed. On average we are getting 15 to 16 people. This past Wednesday morning we had 14. Everyone welcome.

Invitation sent out weekly.

Monday Evening Chat

Our first session took place Monday, April 5. Seven members showed up and we decided future meetings will consist of one member giving a sketch of their personal history; early beginnings, work history, family etc. Half the hour will be devoted to personal histories and the other half; who knows? We start at seven and finish around eight. Everyone Welcome. If you can't find your invitation please contact Bill Carlson.

Snowshoe Group

Al Zemrau

Snow Shoe Group Coordinator

Contact Al Zemrau azemrau@shaw.ca to be added to the Group Distribution list. Please note that due to provincial health regulations all activities in this group maybe suspended for a period.

Golf Group

Probus Golf Group activities will be getting underway for 2021 in April. We will play on the 4th Thursday of each month, starting with [Nico Wynd Golf Course on Thursday, April 22nd](#), with the 1st tee time at 2:30 PM [9 holes]. Those interested in having libations and/or food service after golf will be able to do so. Outings during the following months will take place at Nico Wynd and other potential locations such as Surrey Golf Course, Morgan Creek, Country Meadows and Poppy Estates. Planning is currently underway. if you wish to join contact Frank Palmer frank@fgpalmer.com , via text message at [\(604\) 612-2114](tel:6046122114) or phone [\(604\) 535-8300](tel:6045358300).

Member News

Interest of the Month

WHO'S THAT MAN **AL DAHL**

I was born in Powell River, BC in 1950, the youngest brother to five "all sisters". Soon after, my family moved to Quesnel, BC, where we resided for 5 years. Due to another job change for my father, my family moved to Vancouver, BC, where I lived until I was age 16. Once again, my family returned to Powell River, where I graduated from High School and obtained employment at the Powell River News.

At age 17, I relocated to Chetwynd, BC, where I worked in the Canfor Sawmill for several years. As my father became terminally ill I headed back to the Sunshine Coast where I could spend my time being close to him in his final days. I then remained in Powell River for about 5 years during which time I got married to my

first wife and continued working at the mill. We then moved to Hope where I obtained a job with B.C. Hydro clearing land with my brother-in-law. Again we moved back to Vancouver with our children where I worked at a MacMillan Bloedel mill. In 1974, I started and managed a carpet and upholstery cleaning and restoration business. In 1989, I sold it to obtain my Real Estate license and start my career in residential sales.

Although I've been married for 48 years, it's not to the same wife...I found that the 3rd one is the charm! Irene and I were married in 2014 and resided in Chilliwack where I was working as a Realtor and she as a Probation Officer & Victim/Offender Mediator. So here I am now with 3 sons and 1 daughter along with 1 step-son and 1 step-daughter as well as nine grandchildren and another one on the way in July/21.

My wife and I have been residing in the White Rock area since August/19 (after she retired) and both enjoy this community and what it has to offer. We are also happy to both belong to the Men's and Women's Probus clubs as well.

Other than spending time with my wife and family and travelling when we are able, I have a serious interest in working out daily, although not quite as intensely as I used to. I hold a Canadian Bench Press record, which I broke in 2011 and as far as I know, this record has not been surpassed yet. I also enjoy working out at Box2Fit, the gym I trained at regularly until the current Covid restrictions prevented me from continuing for the time being. The most fulfillment I have felt was from assisting some of the more disabled Parkinson's patients who come to this gym for training on how to keep their balance and coordination under control. I look forward to engaging in that activity again soon.

In closing, I would like to express my appreciation for the warm welcome and positive energy that is so evident in this Probus Club

Our man next month -

Smiles and Chuckles

A lady goes to the bar on a cruise ship and orders a scotch with two drops of water. As the bartender gives her the drink she says, I'm on this cruise to

celebrate my 80th birthday and it's today. The bartender says, "Well, since it's your birthday, I'll buy you a drink. In fact this one is on me. As the woman finished her drink a woman to her right says "I would like to buy you a drink too." The lady says "Thank you. Bartender, I want a scotch with two drops of water" "coming up replies the bartender. As she finishes the drink a man to her left says, I would like to buy you a drink as well." The lady says "Thank you. Bartender I would like a Scotch with two drops of water. As he gives her the drink he asks" Ma'am I'm dying of curiosity as to why the Scotch with two drops of water? The senior replies, "Sonny, when you get to my age, you've learned how to hold your liquor. Holding you water, however is a whole other issue".

The Story of the Haircut

Blessed are those that can give without remembering and take without forgetting.

One day a florist in Ottawa went to a barber for a haircut. After the cut, he asked about his bill, and the barber replied, 'I cannot accept money from you, I'm doing community service this week' The florist was pleased and left the shop.

When the barber went to open his shop the next morning, there was a 'thank you' card and a dozen roses waiting for him at his door.

Later, a cop comes in for a haircut, and when he tries to pay his bill, the barber again replies, 'I cannot accept money from you, I'm doing community service this week.' The cop was happy and left the shop.

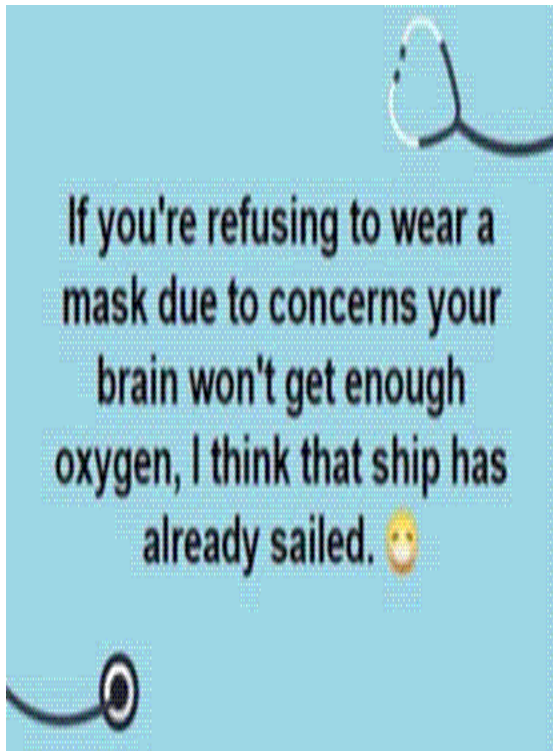
The next morning when the barber went to open up, there was a 'thank you' card and a dozen Tim Horton donuts waiting for him at his door.

Then an MP came in for a haircut, and when he went to pay his bill, the barber again replied, 'I cannot accept money from you. I'm doing community service this week.' The MP was very happy and left the shop.

The next morning, when the barber went to open up, there were a dozen MP's lined up waiting for a free haircut.

And that, my friends, illustrates the fundamental difference between the citizens of our country and the politicians who run it.

As Ronald Reagan said: "Both politicians and diapers need to be changed often and for the same reason."



DURING THE MIDDLE AGES THEY CELEBRATED THE END OF THE PLAGUE WITH WINE AND ORGIES DOES ANYONE KNOW IF THEY HAVE ANYTHING LIKE THAT PLANNED WHEN THIS ONE ENDS?

(ASKING FOR A FRIEND)



Travel plans in 2020 be like:



Dear Lord,
Please don't let Brussel Sprouts
be a part of the cure of Covid-19 Virus.

